Bluetooth Smart Watch Manual

Thank you for choosing smart watch of our company. You can get a thorough and comprehensive understanding on use of the watch and appreciate its practical functions and simple operation method by reading this Manual.

The company reserves the right to modify contents in the Manual without any notice in advance.

When charging the watch, pls attaches the four pogo pin to four metal contacts of the watch, and connect the USB with adapter, it needs about 2 hours for charge completely

To have the fully use of all functions, users are suggested to install the APP "USMART" as below to bound the device with phone.

USMART APP scans the QR code below:

Or input the IP address in the browser:
http://120.25.243.229/app/app.html

Iphone User :

After "USMART" is installed, open the Bluetooth in "Settings" on iphone and then pair with watch. After completion, open "USMART", click "Register" and fill in related data to log in main interface. Click the setting icon on the right bottom side, bound device, search the device name and then pair and bounded. When bound successfully, it will change from "bound device" to "Unbound device", and then user can enjoy all the functions of

the watch.

Android User :

After "USMART" is installed on android, open "USMART", click "Register" and fill in related data to log in main interface. Click the setting icon on the right bottom side, bound device, search the device name and then pair and bounded. When bound successfully, it will change from "bound device" to "Unbound device", then user can enjoy all the functions of the watch.

※ Watch instructions

Right Side (Image 1) :   Left Side (Image 2) :   Front (Image 3) :

Key 1 : Volume key &Scroll menu

Key 2 : On/off, Back Standby key

Key 3 : Enter menu &confirm key

Key 4 : Down key &Back key

※Functions:

●**Pedometer :** Enter to the menu, click "Key 3" (as image 3) to start the count of steps and distance (km), click "Key 3" again to stop. (The watch should be installed USMART APP and bound successfully to sync data to the phone)

●**Heartrate monitor:** Enter to the menu, click "Key 3" to start the

real-time heartrate monitor, and same click "Key 3" to stop. (The watch should be installed USMART APP and bound successfully to sync data to the phone)

Tips: Wear the watch on wrist, neither too tight to affect blood circulation, nor too loose to make sure the heartrate lens of the watch completely attach to skin, and avoid the lens and around skin with external light irradiation, otherwise the tested data maybe abnormal and inaccurate.

After wearing the watch, click "Key 3" to start, and it will show the heartrate data after about 10s.

●**Sleep Monitor:** Enter the icon, click "key 3" to monitor the sleep quality, click "key 3" again to off the monitor and check the sleep quality data. Sleep quality display as: Bad for one star, normal for two star, good for three star (The watch should be installed USMART APP and bound successfully to sync data to the phone)

●**Sedentary remind :** Enter the icon , click "key 3" to monitor the sedentary time (click "key 1 (as image 1)" to set the time) , it will vibrate when the time arrives; click "key 3" again stop the function of remind. (The watch should be installed USMART APP and bound successfully to sync data to the phone)

● **Find Phone :** Enter to the function , click "key 3" to trigger the ringtone on phone (The function can be used When paired and bound device in the USMART APP)

● **Remote camera :** Control the phone camera for photograph. Click "key 3" to capture and "key 4 (as image 3)" to switch the rear and front camera (The function can be used When paired and bound device in the USMART APP. Iphone mobile must open the camera interface before using this function)

●**BT Music :**
Go to BT music functions When Phone paired with watch, the watch remote control phone to play music(click "Key 3"), Pause (Click "Key 3") Or next (click "Key 4") etc.

Tips: battery of the product is non-removable. Due to losses of the product itself, starting of it may fail due to electricity shortage of the battery after more than one month of idling. Please charge it by yourself.